

# The Rosary

O God, come to my assistance;  
O LORD, make haste to help me!  
Amen.

In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen.

Queen of the Most Holy Rosary,  
thou hast deigned to come to Fatima  
to reveal to the three shepherd children there  
the treasures of grace hidden in the Rosary.  
Inspire my heart with a sincere love of this devotion,  
in order that by meditating on the Mysteries of our Redemption which are recalled in it,  
I may be enriched by its fruits and obtain peace for the world,  
the conversion of sinners and of Russia,  
and the graces which I ask of thee in this Rosary.  
*(Here mention your request)*  
I ask this for the greater glory of God, for thine own honor,  
and for the good of souls, especially for my own.  
Amen.

I offer this Rosary for...

For those who don't believe, I pray:  
I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.

For the needs of the Catholic Church, and for the intentions of Pope Francis, I pray:

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

For an increase of Faith, Hope, and Charity in our souls and in our world, I pray:

Hail Mary

Full of grace, the Lord is with thee.

Blessed art thou among women  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God

Pray for us sinners, now and at the hour of our death.

Amen.

Hail Mary

Full of grace, the Lord is with thee.

Blessed art thou among women  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God

Pray for us sinners, now and at the hour of our death.

Amen.

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Full of grace, the Lord is with thee.

Blessed art thou among women  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God

Pray for us sinners, now and at the hour of our death.

Amen.

Glory be to the Father, the Son, and the Holy Spirit.

As it was in the beginning, is now, and ever shall be,  
world without end.

Amen.

# The Sorrowful Mysteries

## 1. The Agony in the Garden

*Spiritual fruit: god's will be done, sorrow for sin, contrition*

We offer Thee, O Lord Jesus, this decade in honor of Thy agony in the Garden of Gethsemane, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, contrition for our sins.

Amen.

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

Amen.

1. Jesus comes with his disciples to Gethsemane: "Stay here, while I go yonder and pray."
2. Entering the garden with Peter, James, and John, Jesus prays, "My soul is sorrowful unto death."
3. Jesus sees the sins of all mankind, whose guilt He has taken upon Himself.
4. He sees the wrath of the Father which His sufferings must appease.
5. So great is his anguish that His sweat becomes as drops of blood falling to the ground.
6. An angel appears to Him from heaven to strengthen Him.
7. "Father, if it be possible, let this cup pass from Me; yet, not My will but Yours be done."
8. Finding the disciples asleep: "Could you not watch one hour with me?"
9. Jesus is betrayed by Judas, cruelly bound and led away.
10. Father, by the merits of the agony of Jesus in the Garden, have mercy on us and on the whole world.

Glory be to the Father, the Son, and the Holy Spirit.  
As it was in the beginning, is now, and ever shall be,  
world without end.

Amen.

O my Jesus,  
forgive us our sins,  
save us from the fire of hell,  
lead all souls to heaven,  
especially those who are in most need of Thy mercy.  
Amen.

## 2. The Scourging at the Pillar

*Spiritual fruit: purity, mortification of the senses*

We offer Thee, O Lord Jesus, this decade in honor of Thy bloody scourging, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, the grace of mortifying our senses.

Amen.

Our Father who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Amen.

1. Jesus is taken before the High Priest where He is falsely accused, buffeted and insulted.
2. The religious leaders take Jesus before Pilate, for only he can impose the death penalty.
3. The robber, Barabbas, is preferred to Jesus.
4. Pilate can “find no cause in Him”, yet to appease the people, he orders Jesus to be scourged.
5. The scourge is made of leather thongs to which are attached small sharp bones.
6. Jesus is bound to a pillar and cruelly scourged until His whole body is covered with deep wounds.
7. The Lamb of God offers His suffering for the sins of mankind.
8. Jesus suffers so much in His sacred flesh to satisfy, especially, for sins of the flesh.
9. The prophecy of Isaiah is fulfilled: “He was wounded for our iniquities, He was bruised for our sins.”
10. Father, by the merits of Jesus in this painful scourging, have mercy on us and on the whole world.

Glory be to the Father, the Son, and the Holy Spirit.

As it was in the beginning, is now, and ever shall be,  
world without end.

Amen.

O my Jesus,

forgive us our sins,

save us from the fire of hell,

lead all souls to heaven,

especially those who are in most need of Thy mercy.

Amen.

### 3. The Crowning with Thorns

*Spiritual fruit: reign of christ in our hearts, moral courage*

We offer Thee, O Lord Jesus, this decade in honor of Thy being crowned with thorns, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, contempt of the world.  
Amen.

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

1. Pilate asks, "Are You a king?" Jesus answers: "I am a King, but My kingdom is not of this world."
2. In the praetorium, the soldiers place an old purple robe on Jesus in mockery of His claim to be a king.
3. They fashion a crown out of thorns, and forcefully press it down upon His head.
4. In His bound hands they place a reed, as a sceptre, in mockery of His kingship.
5. Kneeling before Him in derision, they spit on Him, and cry out: "Hail, King of the Jews!"
6. Taking the reed from His hand they strike Him on the head, driving the thorns more deeply into His scalp.
7. Pilate brings Jesus before the people, hoping His pitiful sight will soften them: "Behold the man!"
8. Their response: "Crucify Him! Crucify Him!"
9. Our Blessed Lord submitted to this terrible humiliation to make reparation for our pride.
10. Father, by the merits of this painful humiliation, have mercy on us and on the whole world.

Glory be to the Father, the Son, and the Holy Spirit.  
As it was in the beginning, is now, and ever shall be,  
world without end.  
Amen.

O my Jesus,  
forgive us our sins,  
save us from the fire of hell,  
lead all souls to heaven,  
especially those who are in most need of Thy mercy.  
Amen.

#### 4. The Carrying of the Cross

*Spiritual fruit: patient bearing of trials, patience in adversity*

We offer Thee, O Lord Jesus, this decade in honor of Thy carrying of the cross, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, patience in bearing our crosses. Amen.

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

1. One condemned to death by crucifixion is forced to carry the cross to the place of execution.
2. The suffering of Jesus is intense as the cross is laid on His bruised and wounded back and shoulders.
3. Weak and exhausted from loss of blood, lack of food and rest, Jesus falls three times under the cross.
4. Jesus meets His afflicted Mother causing untold anguish in the Hearts of Son and Mother.
5. The countenance of Jesus is disfigured with blood and sweat, with dust and spittle.
6. Veronica wipes His face, leaving on her towel the image of His countenance.
7. Fearing that Jesus might die on the way, the soldiers force Simon of Cyrene to carry the cross behind Jesus.
8. Jesus speaks to weeping women: "Weep not for Me, but for yourselves and your children."
9. "If anyone is to be My disciple, let him take up his cross and follow Me."
10. Father, by the merits of this painful journey to Calvary, have mercy on us and on the whole world.

Glory be to the Father, the Son, and the Holy Spirit.  
As it was in the beginning, is now, and ever shall be,  
world without end.  
Amen.

O my Jesus,  
forgive us our sins,  
save us from the fire of hell,  
lead all souls to heaven,  
especially those who are in most need of Thy mercy.  
Amen.

## 5. The Crucifixion and Death of Jesus

*Spiritual fruit: pardoning of injuries, perseverance, salvation, self-denial*

We offer Thee, O Lord Jesus, this decade in honor of Thy crucifixion and ignominious death on Calvary, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, the conversion of sinners, the perseverance of the just, and the relief of the souls in Purgatory.  
Amen.

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

1. The hands and feet of Jesus are nailed to the cross in the presence of His afflicted Mother.
2. "Father, forgive them for they know not what they do."
3. "This day you will be with Me in paradise."
4. "Woman, behold your son. Son, behold your Mother."
5. "My God, My God, why have You forsaken Me?"
6. "I thirst."
7. "It is finished."
8. "Father, into Your hands I commend My spirit."
9. The side of Jesus is pierced with a lance. His body is taken down and placed in the arms of His Mother.
10. Father, by the merits of the crucifixion and death of Jesus, have mercy on us and on the whole world.

Glory be to the Father, the Son, and the Holy Spirit.  
As it was in the beginning, is now, and ever shall be,  
world without end.  
Amen.

O my Jesus,  
forgive us our sins,  
save us from the fire of hell,  
lead all souls to heaven,  
especially those who are in most need of Thy mercy.  
Amen.

Hail, holy Queen, mother of mercy,  
our life, our sweetness, and our hope.  
To thee do we cry, poor banished children of Eve.  
To thee do we send up our sighs,  
mourning and weeping in this valley of tears.  
Turn, then, most gracious advocate,  
thine eyes of mercy toward us;  
and after this, our exile,  
show us the blessed fruit of thy womb, Jesus.  
O clement, O loving, O sweet Virgin Mary.  
Pray for us, O Holy Mother of God.  
That we may be made worthy of the promises of Christ.  
Amen.

Let us Pray.

O God, whose only-begotten Son, by His life, death and resurrection,  
has purchased for us the rewards of eternal life, grant, we beseech Thee,  
that meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary,  
we may imitate what they contain, and obtain what they promise, through the same Christ our Lord.  
Amen.

Saint Michael the Archangel, defend us in battle;  
be our protection against the wickedness and snares of the devil.  
May God rebuke him, we humbly pray: and do thou, O Prince of the heavenly hosts,  
thrust into hell Satan and all the evil spirits who prowl about the world, seeking the ruin of souls.  
O Angel of God, my Guardian dear, to whom God's love commits me here.  
Ever this night be at my side, to light, to guard, to rule, and to guide.  
Amen.

May the Divine Assistance remain always with us,  
and may the souls of the faithful departed,  
through the mercy of God, rest in peace.  
Amen.

To you, O blessed Joseph,  
do we come in our tribulation,  
and having implored the help of your most holy Spouse,  
we confidently invoke your patronage also.  
Through that charity which bound you  
to the Immaculate Virgin Mother of God  
and through the paternal love  
with which you embraced the Child Jesus,  
we humbly beg you graciously to regard the inheritance  
which Jesus Christ has purchased by his Blood,  
and with your power and strength to aid us in our necessities.  
O most watchful guardian of the Holy Family,  
defend the chosen children of Jesus Christ;  
O most loving father, ward off from us  
every contagion of error and corrupting influence;  
O our most mighty protector, be kind to us  
and from heaven assist us in our struggle  
with the power of darkness.  
As once you rescued the Child Jesus from deadly peril,  
so now protect God's Holy Church  
from the snares of the enemy and from all adversity;  
shield, too, each one of us by your constant protection,  
so that, supported by your example and your aid,  
we may be able to live piously, to die in holiness,  
and to obtain eternal happiness in heaven.  
Amen.



Remember, O most gracious Virgin Mary,  
that never was it known that anyone who fled to your protection,  
implored your help, or sought your intercession, was left unaided.  
Inspired with this confidence, I fly unto you, O Virgin of virgins, my Mother.  
To you do I come; before you I stand, sinful and sorrowful.  
O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me.  
We fly to thy protection, O Holy Mother of God.  
Do not despise our petitions in our necessities, but deliver us always from all dangers,  
O Glorious and Blessed Virgin.  
Amen.